

ADRIA FIRESTONE

Four decades of international performance
23 years of university teaching.

TEACHING • WORKSHOPS • MASTER CLASSES



Adria Firestone working with young performers at Wharton Summer Programs

Award-winning international performer, university educator, master clinician and keynote speaker, Adria Firestone brings professional technique and real-world performance experience into every classroom. Her work integrates voice, body, character, confidence and professional discipline - helping students become more expressive performers and more resilient artists.

SIGNATURE PROGRAMS

- Acting for Singers
- Embodied Stage Presence
- Freedom from Performance Anxiety
- Career Design for Performing Artists
- The Business of Show Business
- Voice, Movement & Speech for Performance

WHAT STUDENTS LEARN

Performance Grounded confidence, stage presence, expressive body language, stillness and professional discipline.

Vocal Music Whole-body vocal expression, release of body and breath, interpretation, phrasing and acting for singers.

Drama & Theatre Breath, projection, believable character development, scene-partner trust and use of the full stage.

SELECTED INSTITUTIONS

Duke University • Northwestern State University • Lincoln Center's Meet the Artist • National University of Singapore • Dubai English-Speaking School • NATS • NJMEA • International Institutions

EXPERIENCE & DISTINCTIONS

- Adjunct Faculty, New Jersey City University, 2003-2026
- Top 50 Finalist, Next Top Speaker Season 7 (2026) - selected from 4,000 international applicants
- Carbonell Award - Best Actress in a Musical
- International performance career spanning six continents

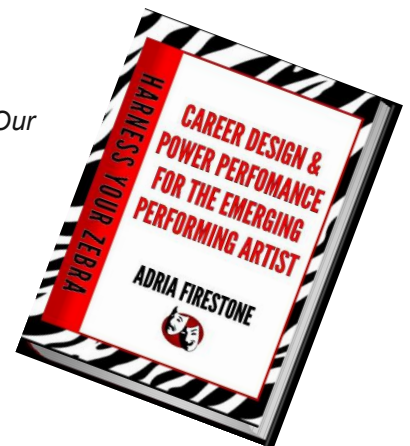
WHAT COLLEAGUES SAY

"Dynamic Adria Firestone is a 'force of nature.' She is brilliant at inspiring an audience whether the setting be a darkened theater, a student master class, or a professional boardroom."

John Hoopes, Artistic Director,
Nashville Opera

"You were a total success. Our students were inspired and enlightened by your wealth of knowledge in vocal performance and physical relaxation."

Michael Rorex, Professor,
Northwestern State University



BRING ADRIA TO YOUR STUDENTS

University teaching • Workshops • Master classes • Guest lectures • Adjudication • Performance coaching
adria@adriafirestone.com • AFirestone.com
Northern New Jersey • Available in person and virtually